



HOT SOUP SCHEDULE

ALL NATURAL
HOT SOUP
SERVED DAILY!

EVERYDAY STARTING AT 10AM

MONDAY



Beef Stew

- BEEF STEW
- CHICKEN & DUMPLINGS
- CHICKEN NOODLE
- GRILLED CHICKEN & CORN CHOWDER
- LENTILS
- NEW ENGLAND CLAM CHOWDER
- PARMESAN KALE & ITALIAN SAUSAGE
- QUINOA SWEET POTATO W/ BLACK BEANS
- ROASTED VEGETABLES
- SHRIMP & SAUSAGE GUMBO
- ORGANIC SPLIT PEA & KALE
- THAI CHICKEN w/ RED CURRY
- TOMATO GARDEN VEGETABLES
- TURKEY MAC CHILI
- WHITE BEAN ESCAROLE

TUESDAY



Chicken Noodle

- BEEF STEW
- CARROT GINGER
- CHICKEN NOODLE
- CHICKEN STEW
- GRILLED CHICKEN & CORN CHOWDER
- HUNGARIAN MUSHROOM LENTILS
- QUINOA SWEET POTATO W/ BLACK BEANS
- ROASTED VEGETABLES
- SPICY CRAB & CORN CHOWDER
- ORGANIC SPLIT PEA & KALE
- THREE BEAN CHILI
- TOMATO BASIL
- TURKEY CHILI w/ BEANS
- WHITE CHICKEN CHILI w/ CILANTRO

WEDNESDAY



Seafood Chowder

- CHICKEN & DUMPLINGS
- CHICKEN NOODLE
- CHIPOTLE SWEET POTATO
- GRILLED CHICKEN & CORN CHOWDER
- ITALIAN STYLE WEDDING w/ MEATBALLS
- LENTILS
- PARMESAN KALE w/ ITALIAN SAUSAGE
- ROASTED VEGETABLES
- SEAFOOD CHOWDER
- ORGANIC SPLIT PEA & KALE
- TOMATO GARDEN VEGETABLES
- TURKEY GUMBO
- WHITE BEAN ESCAROLE

THURSDAY



Roasted Vegetables

- BEEF STEW
- CHICKEN NOODLE
- CHICKEN STEW
- GRILLED CHICKEN & CORN CHOWDER
- HUNGARIAN MUSHROOM LENTILS
- QUINOA SWEET POTATO W/ BLACK BEANS
- ROASTED VEGETABLES
- SEAFOOD CHOWDER
- SHRIMP & SAUSAGE GUMBO
- ORGANIC SPLIT PEA & KALE
- THREE BEAN CHILI
- TOMATO BASIL
- TURKEY CHILI w/ BEANS
- WHITE CHICKEN CHILI w/ CILANTRO

FRIDAY



Chicken & Corn Chowder

- CARROT GINGER
- CHICKEN & DUMPLINGS
- CHICKEN NOODLE
- GRILLED CHICKEN & CORN CHOWDER
- LENTILS
- NEW ENGLAND CLAM CHOWDER
- PARMESAN KALE w/ ITALIAN SAUSAGE
- ROASTED VEGETABLES
- SPICY CRAB & CORN CHOWDER
- ORGANIC SPLIT PEA & KALE
- THAI CHICKEN w/ RED CURRY
- TOMATO GARDEN VEGETABLES
- TURKEY GUMBO
- WHITE BEAN ESCAROLE

SATURDAY



Organic Split Pea & Kale

- BEEF STEW
- CHICKEN NOODLE
- CHICKEN STEW
- GRILLED CHICKEN & CORN CHOWDER
- LENTILS
- QUINOA SWEET POTATO W/ BLACK BEANS
- ROASTED VEGETABLES
- SHRIMP & SAUSAGE GUMBO
- ORGANIC SPLIT PEA & KALE
- THREE BEAN CHILI
- TOMATO BASIL

SUNDAY



Lentils

- CHICKEN & DUMPLINGS
- CHICKEN NOODLE
- CHIPOTLE SWEET POTATO
- GRILLED CHICKEN & CORN CHOWDER
- LENTILS
- NEW ENGLAND CLAM CHOWDER
- ROASTED VEGETABLES
- ORGANIC SPLIT PEA & KALE
- THAI CHICKEN w/ RED CURRY
- TOMATO GARDEN VEGETABLES
- WHITE CHICKEN CHILI w/ CILANTRO



OCCASIONALLY SOUPS ON THE SCHEDULE MAY BE OUT OF STOCK FOR THE DAY. WE WILL THEN SUBSTITUTE WITH ANOTHER SOUP OPTION.

ORGANIC BROWN RICE SERVED DAILY!



The Hot Soups are formulated by Kettle Cuisine for Westerly Natural Market